

One in three women* will suffer from osteoporosis.¹

You can help prevent this epidemic.

* over 50 years of age



Osteoporosis is a silent yet crippling disease that robs women of their independence. It can be fatal. But, with your help, osteoporosis can be easily diagnosed and treated.

IOF and its member societies in India, including the Indian Society for Bone and Mineral Research, have prepared an Osteoporosis Awareness Kit specifically for use by physicians. It includes the IOF One-Minute Osteoporosis Risk Test for women over 50.

1. Melton, L.J. 3rd, et al., Perspective. How many women have osteoporosis? *J Bone Miner Res* 1992, 7:1005-10



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To request your Osteoporosis Awareness Kit, please contact: Indian Society for Bone and Mineral Research at 011 2692 5858
E-mail: ambrishmithal@rediffmail.com; Website: www.boneindia.org