



PERSONAL BIOGRAPHY

**MARLA SHAPIRO,
MDCM, CCFP, MHSc, FRCP©,FCFP**



Marla Shapiro received her medical degree from McGill University in Montreal. She completed her residency in Family Medicine at the Sir Mortimer B. Davis Jewish General Hospital in Montreal and received her Certification in Family Medicine from the College of Family Physicians of Canada. She subsequently trained at the University of Toronto receiving her Masters of Health Science in Community Health and Epidemiology. She received both the Milton H. Brown Award and Donald T. Fraser Medal in Community Health and Epidemiology. She completed her specialty training in Community Medicine receiving her Fellowship in Community Medicine from the Royal College of Physicians and Surgeons of Canada. She started her academic career at The Toronto Hospital, Toronto Western Division in 1983 in the Department of Family and Community Medicine. Her responsibilities included out patient care, in patient ward medicine, resident training and supervision as well as research. She is an Associate Professor in the Department of Family and Community Medicine at the University of Toronto. In 2001 she was recognized by the College of Family Physicians of Canada for her outstanding contributions to the field with an honorary Fellowship in Family Medicine. She has also received certification from NAMS, the North American Menopause Society, recognizing her as a menopause expert.

In 1993 she joined City TV in Toronto, Ontario as the medical expert on the nationally syndicated show Cityline. Shortly thereafter she became the medical expert for City Pulse and CP24 News. In 2000, she became the Health and Medical Contributor for CTV's Canada AM. In addition to her weekly appearances on Canada AM, she is seen every weekend on Newsnet and as the medical consultant on CTV's National News with Lloyd Robertson. In 2003 Dr. Shapiro started hosting Balance.....television for living well, a 30 minute health and lifestyle show shown daily on CTV in Canada as well as internationally in Israel and Korea.

Dr. Shapiro is also the nationally syndicated health columnist for the Globe and Mail Newspaper and can be read every other Tuesday.

Doctor Shapiro is in private practice in Toronto. She sits on several organizations, is a member of many boards including the Regional Osteoporosis Board, lectures regularly and has broad experience in Women's Health Care. She is an advocate for, and has hosted several events for, Osteoporosis Canada. In 2005 she was awarded the acclaimed Media Award from NAMS for her contributions in furthering the understanding of menopausal health in women.