

Her daughter and family are a great support and help her manage with everyday life.



# THAT'S OSTEOPOROSIS

A lifetime of smoking and excessive drinking caught up with Kati, resulting in poor bone health and serious, debilitating fractures.



*Our vision is a world without fragility fracture in which healthy mobility is a reality for all*

**WorldOsteoporosisDay**  
October 20

[www.worldosteoporosisday.org](http://www.worldosteoporosisday.org)