

SHE'S GETTING SHORTER AND IS
AS FRAGILE AS GLASS

THAT'S OSTEOPOROSIS

Mrs Kawas, 83, has severe osteoporosis. She has broken her shoulder and hip, and has had multiple spinal fractures which have caused her to lose 11 cm (4.3 in) in height.

www.worldosteoporosisday.org



World **Osteoporosis** Day
October **20**