

# BROKEN BONES TOOK AWAY HIS INDEPENDENCE



That's osteoporosis

Viktor from Russia is 75 years old. He discovered he had osteoporosis only after sustaining a hip and several spinal fractures.



*Our vision is a world without fragility fracture  
in which healthy mobility is a reality for all*

**WorldOsteoporosisDay**  
**October20**

[www.worldosteoporosisday.org](http://www.worldosteoporosisday.org)