## FINAL PROGRAMME

### WEDNESDAY OCTOBER 19, 2011

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>12:00-13:30</td>
<td>Summit Middle-East &amp; Africa CNS (by invitation)</td>
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<tr>
<td>AL AMWAJ I</td>
<td>All CNS representatives</td>
</tr>
<tr>
<td>13:30-14:30</td>
<td>Regional Advisory Council Meeting – Middle-East &amp; Africa (by invitation)</td>
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<tr>
<td>16:00-17:30</td>
<td>Towards an Effective Treatment of Osteoporosis Now and in the Future</td>
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<tr>
<td>PLENARY ROOM</td>
<td>Satellite Symposium presented by MSD</td>
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<tr>
<td>17:45-19:00</td>
<td>OPENING CEREMONY</td>
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<tr>
<td>19:00-20:30</td>
<td>WELCOME RECEPTION &amp; OPENING OF EXHIBITION</td>
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### THURSDAY OCTOBER 20, 2011

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>08:30-09:20</td>
<td>MEET-THE-EXPERT SESSIONS</td>
</tr>
<tr>
<td>AL AMWAJ I</td>
<td>Osteoporosis Management in the Frail Elderly</td>
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<tr>
<td></td>
<td>Gemma Adib</td>
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<td>AL AMWAJ II</td>
<td>Role of Nutrition in Bone &amp; Muscle Health</td>
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<td>Bess Dawson-Hughes</td>
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<td>AL WAHA</td>
<td>Management of Premenopausal Osteoporosis</td>
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<td>Serge Ferrari</td>
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<tr>
<td>AL MAJLIS</td>
<td>Customising FRAX® in Middle-East and Africa Region</td>
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<td>John A. Kanis</td>
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<tr>
<td>AL KHAYMA</td>
<td>Assessment of Bone Quality</td>
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<tr>
<td></td>
<td>Ego Seeman</td>
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**Registration and further information:** [http://www.iofbonehealth.org/dubai-2011](http://www.iofbonehealth.org/dubai-2011)
<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Title</th>
<th>Speaker(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>09:30-11:00</td>
<td>PLENARY SESSION I</td>
<td>Co-Chairs: Bess Dawson-Hughes &amp; Khaled Elmuntaser</td>
<td></td>
</tr>
<tr>
<td>09:30-10:00</td>
<td>Pl1</td>
<td>Epidemiology of Fractures: Middle-East &amp; Africa versus West</td>
<td>John A. Kanis</td>
</tr>
<tr>
<td>10:00-10:30</td>
<td>Pl2</td>
<td>The Middle-East &amp; Africa Regional Audit</td>
<td>Ghada El-Hajj Fuleihan</td>
</tr>
</tbody>
</table>
| 10:30-11:00   | OC1                   | ORAL COMMUNICATIONS OF SELECTED ABSTRACTS I                          | Independent predictors of all osteoporosis-related fractures among healthy Saudi postmenopausal women: The CEOR Study  
M.S.M. Ardawi*, A.A. Rouzi, W.M. Faqeeh, S.A. Al-Sibiani, N.S. Al-Senani  R.M. Radaddi |
|              | OC2                   | Vitamin D deficiency in Lebanese osteoporotic postmenopausal women     | G.N. Maalouf, M.-H. Gannage-Yared*, Y. Yaghi                              |
|              | OC3                   | Lean mass, fat mass, bone density and incident vertebral fractures     | R.M. Baddoura*, A. Arabi, G. El-Hajj Fuleihan                             |
| 11:00-11:30  | Poster Viewing & Coffee Break |                                                                      |                                                                            |
| 11:30-12:00 | PLENARY SESSION II   | Co-Chairs: Hazem Abdel Azeem & Elias Saba                              |
| 11:30-12:00  | Pl3                   | DXA & New Imaging Techniques                                          | Omar Hussein                                                               |
| 12:00-12:30  | Pl4                   | DXA in Paediatric Osteoporosis                                         | AbdulRahim Al Suhaili                                                     |
| 12:30-13:30  | PLENARY ROOM         | Vitamin D/25-hydroxyvitamin D – Clinical and technical aspects         | Satellite Symposium presented by ROCHE DIAGNOSTICS                        |
| 13:30-14:30  | Lunch                |                                                                      |                                                                            |
| 14:30-16:00  | PLENARY SESSION III  | Co-Chairs: Ghada El-Hajj Fuleihan & Jean-Yves Reginster               |
| 14:30-15:00  | Pl5                   | Bone Quality: The material and structure basis of bone strength and fragility | Ego Seeman                                                               |
| 15:00-15:30  | Pl6                   | Bone Markers: To use or not to use in daily clinical practice         | Riad Sulimani                                                             |
### ORAL COMMUNICATIONS OF SELECTED ABSTRACTS II

<table>
<thead>
<tr>
<th>Time</th>
<th>Session Title</th>
<th>Authors</th>
</tr>
</thead>
<tbody>
<tr>
<td>15:30-16:00</td>
<td>Strontium ranelate treatment improves bone material quality in human bone biopsy specimens compared with alendronate</td>
<td>P. Ammann*, R. Rizzoli</td>
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<tr>
<td>OC4</td>
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<tr>
<td>15:30-16:00</td>
<td>Treatment with the cathepsin K inhibitor odanacatib in postmenopausal women with low BMD: 5-year results of a phase 2 trial</td>
<td>H. Badsha*, N. Binkley, H. Bone, N. Gilchrist, B. Langdahl, H. Resch, J. Rodriguez Portales, C. Le Bailly De Tillemeghem, C. Carolyn DaSilva, E. Rosenberg, A. Denker</td>
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<tr>
<td>OC5</td>
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<tr>
<td>15:30-16:00</td>
<td>Evidence with strontium ranelate but not bisphosphonate treatment for reduction of nonvertebral fracture risk in women over 80 years of age: A meta-analysis</td>
<td>P. Haentjens*, B. Velkeniers, D. Vanderschueren, S. Boonen</td>
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<tr>
<td>OC6</td>
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| 16:00-16:30| Poster Viewing & Coffee Break                      |                                                                        |
| 16:30-18:00| PLENARY SESSION IV                                 |                                                                        |
| 16:30-17:00| Inflammatory Diseases & Bone                       | Basel Masri                                                           |
| PL7        |                                                   |                                                                        |
| 17:00-17:30| Bisphosphonates Dilemma: When to start and when to stop or switch | Leith Zakraoui                                                       |
| PL8        |                                                   |                                                                        |
| 17:30-18:00| What’s New on the Horizon in Therapy               | Jean-Yves Reginster                                                   |
| PL9        |                                                   |                                                                        |

### PLENARY ROOM

<table>
<thead>
<tr>
<th>Time</th>
<th>Session Title</th>
<th>Authors</th>
</tr>
</thead>
<tbody>
<tr>
<td>18:00-19:30</td>
<td>Strontium Ranelate: A comprehensive antifracture efficacy by improving bone microarchitecture</td>
<td>Satellite Symposium presented by SERVIER</td>
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</tbody>
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### FRIDAY OCTOBER 21, 2011

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>08:30-09:20</strong></td>
<td><strong>MEET-THE-EXPERT SESSIONS</strong></td>
</tr>
</tbody>
</table>
| **AL AMWAJ I** | Osteoporosis Management in the Frail Elderly  
Gemma Adib  |
| **AL AMWAJ II** | Role of Nutrition in Bone & Muscle Health  
Bess Dawson-Hughes  |
| **AL WAHA** | Management of Premenopausal Osteoporosis  
Serge Ferrari  |
| **AL MAJLIS** | Customising FRAX® in Middle-East and Africa Region  
John A. Kanis  |
| **AL KHAYMA** | Assessment of Bone Quality  
Ego Seeman  |
| **09:30-10:30** | **PLENARY SESSION V** |
| **09:30-10:00** | Plenary  
**PL10**  
Corticosteroid Induced Osteoporosis: Practical approaches  
Humeira Badsha  |
| **10:00-10:30** | Plenary  
**PL11**  
Secondary Osteoporosis  
Bagher Larijani  |
| **10:30-11:00** | **Poster Viewing & Coffee Break** |
| **11:00-12:00** | **ORTHOPAEDIC ROUNDTABLE**  
Fragility Fracture Prevention – Models of care  
CO-CHAIRS: Ghassan Maalouf & Socrates Papapoulos  
Panel:  
Hazem Abdel Azeem  
Hikmat Abou Samra  
Mohamed Al Shaker  
Ghassan Maalouf  |
| **12:00-14:00** | **Lunch and Prayer** |
| **14:00-14:40** | **THE ROLE OF MILK PRODUCTS IN BONE HEALTH**  
Satellite Symposium presented by FONTERA  |
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<tr>
<th>Time</th>
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<tbody>
<tr>
<td>15:00-16:30</td>
<td>PLENARY SESSION VI</td>
<td>Co-Chairs: Mustafa Al-Izzi &amp; Hamza Aboud</td>
</tr>
<tr>
<td>15:00-15:30</td>
<td>PL12 Vitamin D, Calcium &amp; Bone – What’s the latest?</td>
<td>Bess Dawson-Hughes</td>
</tr>
<tr>
<td>15:30-16:00</td>
<td>PL13 Menopause &amp; Bone</td>
<td>Ahmed Rashed</td>
</tr>
<tr>
<td>16:00-16:30</td>
<td>PL14 SERMs &amp; New SERMs</td>
<td>Tobias de Villiers</td>
</tr>
<tr>
<td>16:30-17:30</td>
<td>Poster Viewing &amp; Coffee Break</td>
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<tr>
<td>17:30-18:30</td>
<td>State-of-the-Art Management of Osteoporosis with Denosumab</td>
<td>Satellite Symposium presented by AMGEN</td>
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<tr>
<td>Time</td>
<td>Session</td>
<td>Details</td>
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<tr>
<td>09:00-10:45</td>
<td>PLENARY SESSION VII</td>
<td>PLENARY ROOM</td>
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<tr>
<td>09:00-09:30</td>
<td>PL15 Male Osteoporosis</td>
<td>Serge Ferrari</td>
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<tr>
<td>09:30-10:45</td>
<td>ORAL COMMUNICATIONS OF SELECTED ABSTRACTS III</td>
<td>By Recipients of IOF Young Investigator Awards*</td>
</tr>
<tr>
<td>OC7</td>
<td>Appropriateness of the BMD orders among insured Iranians</td>
<td>A. Keshtkar, A. Avestai, P. Khashayar*, R. Heshmat, A. Arabali, N. Abdollahi, M. Ebrahimi, B. Larijani</td>
</tr>
<tr>
<td>OC8</td>
<td>Transient osteoporosis of the hip with involvement of the surrounding soft tissue: A case report</td>
<td>A. A. Bin Abdulhak*, F. BaMogaddam, N. Nakshabandi, M. Altannir</td>
</tr>
<tr>
<td>OC9</td>
<td>Determination of procollagen I N-terminal peptide and osteopontin in postmenopausal women with vertebral osteoporotic fractures</td>
<td>A. Abdulbari*, K.A.W. Ali, R. A. Hamedi</td>
</tr>
<tr>
<td>OC10</td>
<td>Determination of bone health status in community dwelling females in Karachi, Pakistan</td>
<td>A.H. Khan, G. Naureen*, R. Iqbal</td>
</tr>
<tr>
<td>OC11</td>
<td>Vitamin D status, serum calcium level, and bone mineral density in male patients with type II diabetes mellitus in Saudi Arabia</td>
<td>S.H. Ghoneim, R.K. Alnabuls, A.H. Ghoneim*, H. Alkadi</td>
</tr>
<tr>
<td>OC12</td>
<td>Vitamin D status in premenopausal women and its association with the metabolic syndrome and its individual components: A cross-sectional study</td>
<td>H. Balkhyoor*, H.A. Al-Kadi, G. I. El-Salamony, M.S. Ardawi</td>
</tr>
</tbody>
</table>

10:45-11:15 | Poster Viewing & Coffee Break               |                                                                          |

11:15-12:15 | PLENARY SESSION VIII                       |                                                                          |
| 11:15-11:45| PL16 Who to Treat, When to Start, What Drug and How Long | Efteem Azar |
| 11:45-12:15| PL17 Monitoring Patients With Osteoporosis  | Socrates Papapoulos |


13:40       | Meeting Closed                              |                                                                          |