### THURSDAY SEPT 27, 2012

<table>
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<tr>
<th>Time</th>
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| 09:30 - 11:30 | PELLA HALL  
PAOS Board Meeting *(invitation only)*                              |
| 12:00 - 13:30 | PELLA HALL  
CNS Summit Middle East & Africa *(invitation only)*                  |
| 13:30 - 14:30 | PELLA HALL  
Regional Advisory Council (RAC) Meeting Middle East & Africa *(invitation only)* |
| 16:00 - 17:00 | EVENING SATELLITE SYMPOSIUM                                         |
| 17:15 - 18:15 | EVENING SATELLITE SYMPOSIUM – HAYAT PHARMA                         |
| 18:30 - 20:00 | OPENING SESSION  
John A. Kanis (GBR), Basel Masri (JOR), Elias Saba (PSE)           |
| 20:00 - 21:00 | WELCOME RECEPTION WITH OPENING OF EXHIBITION                        |

### FRIDAY SEPT 28, 2012

<table>
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<th>Time</th>
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<tr>
<td>08:30 - 09:20</td>
<td>MEET-THE-EXPERT SESSION I</td>
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|               | Osteoporosis and Orthopaedics  
Ziad Al-Zoubi (JOR), Mohamed Al Shaker (SAU)  
UMM QAYS HALL |
|               | Do We Need Vitamin D Supplementation and How Much?  
Peter Burckhardt (CHE) AMRA HALL |
|               | Secondary Fracture Prevention  
Cyrus Cooper (GBR), Ghassan Maalouf (LBN)  
MUATA HALL |
|               | Premenopausal Women and Low BMD  
Aliya Khan (CAN) AZRAQ HALL   |
|               | How to Write a Scientific Paper  
Ego Seeman (AUS) JERASH   |
|               | Principles of Rehabilitation in Osteoporosis  
Sansin Tuzun (TUR) YARMOUK   |
| 09:30 - 10:30 | PLEINARY SESSION I: Epidemiology  
Chairs: Cyrus Cooper (GBR), Khaled Elmuntaser (LBY)   |
|               | Middle East & Africa Audit:  One year after (PL1)  
Gemma Adib (SYR)   |
|               | FRAX®: What’s new? (PL2)  
John A. Kanis (GBR)   |
| 10:30 - 11:00 | POSTER VIEWING WITH COFFEE BREAK & EXHIBITION                       |

### PROGRAMME SUMMARY

As of July 15, 2012 • Subject to change

**ORTHOPAEDIC ROUNDTABLE**

**Chair:** Ghassan Maalouf (LBN)

Orthogeriatric concept in fragility fracture treatment

Ahmed Mortagy (EGY)

Atypical fracture due to long term use of bisphosphonates

Said Majeed (JOR)

Vertebral fragility fracture: Outline of treatment

Ghassan Maalouf (LBN)

**FRIDAY PRAYER & LUNCH**

14:00 - 15:00  
LUNCH SATELLITE SYMPOSIUM – ELI LILLY

15:00 - 17:00  
PLENARY SESSION II: Burden & Pathophysiology

**Chairs:** Abdul Nasser Allothman (KWT), Rafic Baddoura (LBN), Socrates Papapoulos (NLD)

Economics in Osteoporosis: How can we reconcile the prescribers and the payer? (PL3)  
Jean-Yves Reginster (BEL)

Oral Presentations of Selected Abstracts (OC1-OC3)

Pathophysiology of Osteoporosis (PL4)  
Socrates Papapoulos (NLD)

The Material and Structural Basis of Bone Fragility (PL5)

Ego Seeman (AUS)

17:00 - 18:00  
POSTER VIEWING WITH COFFEE BREAK & EXHIBITION

**18:00-19:30**  
EVENING SATELLITE SYMPOSIUM – SERVIER
SATURDAY SEP 29, 2012

08:30 - 09:20
MEET-THE-EXPERT SESSION II
Osteoporosis and Orthopaedics
Ziad Al-Zoubi (JOR), Mohamed Al Shaker (SAU)
UMM QAIS HALL

Do We Need Vitamin D Supplementation and How Much?
Peter Burckhardt (CHE) AMRA HALL

Secondary Fracture Prevention
Cyrus Cooper (GBR), Ghassan Maalouf (LBN)
MUATA HALL

Premenopausal Women and Low BMD
Aliya Khan (CAN) AZRAQ HALL

How to Prepare a 10-minute Lecture
Ego Seeman (AUS) JERASH

Principles of Rehabilitation in Osteoporosis
Sansin Tuzun (TUR) YARMOUK

09:30 - 10:30
PLENARY SESSION III:
Rheumatic Diseases & How Long We Can Treat Patients with Osteoporosis
Chairs: Ali Otom (JOR), Elias Saba (PSE)
Rheumatic Diseases, Inflammation and Osteoporosis (PL6)
Majda Khoury (SYR)

How Long Should We Treat? (PL7)
Christian Roux (FRA)

10:30 - 11:00
POSTER VIEWING WITH COFFEE BREAK & EXHIBITION

11:00 - 12:00
MARKERS OF BONE TURNOVER ROUNDTABLE
Chair: Riad Sulimani (SAU),
Panel: Christian Roux (FRA)
Riad Sulimani (SAU), Leith Zakraoui (TUN)

13:45 - 14:30
LUNCH

14:30 - 16:00
PLENARY SESSION IV:
Nutritional Aspects
Chairs: Stephen Hough (ZAF),
Aliya Khan (CAN),
Abdel-Karim Khawaldeh (JOR)
Nutritional Aspects of Osteoporosis
(Without Vitamin D) (PL8)
Peter Burckhardt (CHE)

Is There a Real Vitamin D Problem in the Middle East & Africa Region? (PL9)
Mohammed-Salleh Ardawi (SAU)

Oral Presentations of Selected Abstracts
(OC4-OC6)

16:00 - 16:30
POSTER VIEWING WITH COFFEE BREAK & EXHIBITION

16:30 - 18:00
PLENARY SESSION V:
Secondary Osteoporosis
Chairs: Nizar Abdulateef Jassim (IRQ),
Khaldoun Khamaiseh (JOR),
René Rizzoli (CHE)

Diabetic Bone Disease (PL10)
Stephen Hough (ZAF)

Hyperparathyroidism (PL11)
Aliya Khan (CAN)

Oral Presentations of Selected Abstracts
(OC7-OC9)

18:00 - 19:30
EVENING SATELLITE SYMPOSIUM

20:00 - 23:00
CONCERT WITH PALESTINE YOUNG ORCHESTRA FOLLOWED BY GALA DINNER
AMMAN MARRIOTT HOTEL

SUNDAY SEP 30, 2012

09:00 - 10:30
PLENARY SESSION VI:
Young Investigator Awards & HRT
Chairs: Mustafa Al Izzi (ARE),
Farid Bedran (LBN)

Place of HRT in Osteoporosis Prevention and Treatment (PL12)
Efteem Azar (JOR)

Young Investigator Awards:
Oral Presentations of Selected Abstracts
(OC10-OC14)

10:30 - 11:00
POSTER VIEWING WITH COFFEE BREAK & EXHIBITION

11:00 - 12:30
PLENARY SESSION VII:
Muscle, Bone and Joint – Treatments
Chairs: Marzouq Khair (JOR),
Yousef Othman (JOR),
Ego Seeman (AUS)

Sarcopenia, Osteoporosis and Fragility Fracture (PL13)
Basel Masri (JOR)

New Perspectives in the Treatment of Osteoarthritis (PL14)
Cyrus Cooper (GBR)

Treatment of Osteoporosis in Men (PL15)
René Rizzoli (CHE)

12:30 - 13:00
CLOSING CEREMONY:
Where to From Here?
Basel Masri (JOR), René Rizzoli (CHE),
Elias Saba (PSE)

13:00-20:00
PELLA HALL
IOF Young Investigator Mentoring Programme (invitation only)