

# IOF GLOBAL MAP OF DIETARY CALCIUM INTAKE

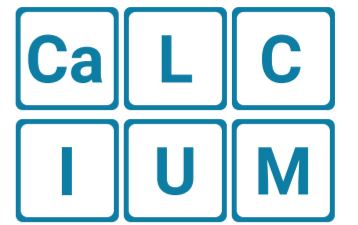


**CALCIUM** is important for **BONE HEALTH**



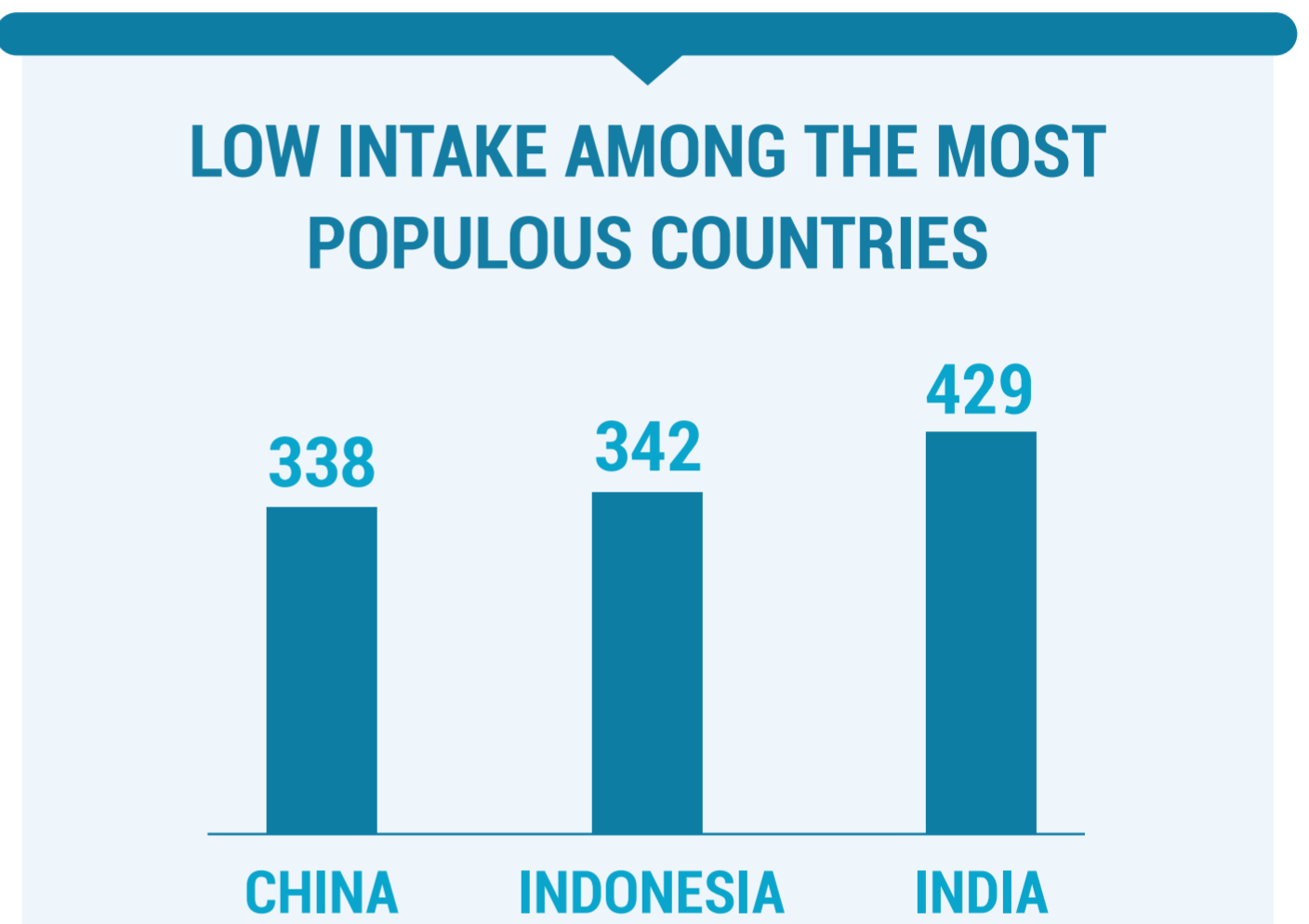
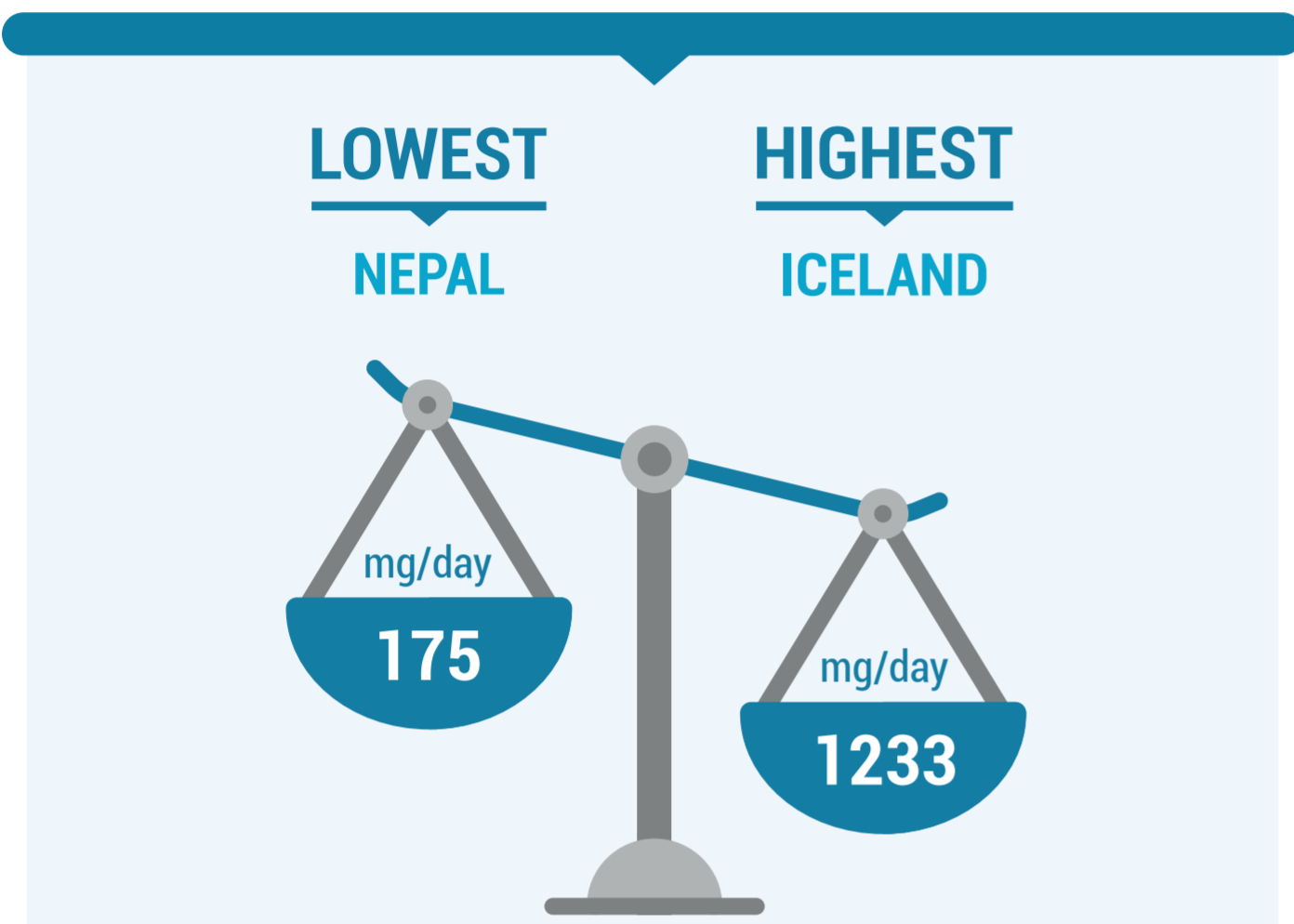
POPULATIONS OF MANY REGIONS

**ARE NOT GETTING ENOUGH**

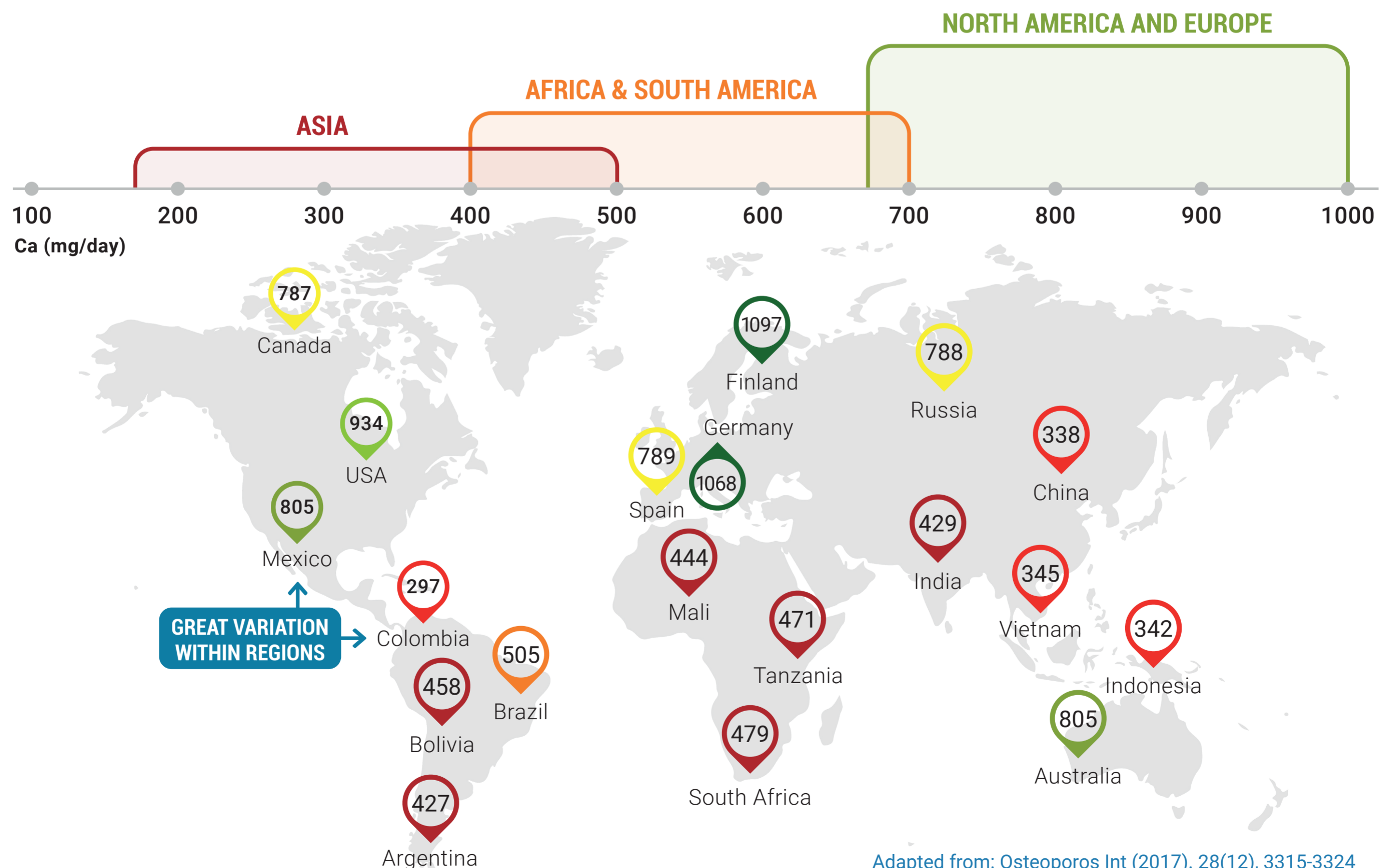


## DIETARY CALCIUM INTAKE

74 COUNTRIES WITH DATA THAT QUALIFIED FOR THE SURVEY



## VARIATION BETWEEN REGIONS



Adapted from: Osteoporos Int (2017). 28(12), 3315-3324



Our vision is a world without fragility fractures, in which healthy mobility is a reality for all.

The interactive map is available at: <https://www.iofbonehealth.org/facts-and-statistics/calcium-map>

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